



YMCA

SHOWER ACCESS

PROGRAM

**FREE 30-MINUTE FACILITY
ACCESS FOR SHOWERS**

Monday-Friday

Youth and Families: 10:30-11:30

Single Adults: 11:30-2:00

Mondays/Thursdays: Tacoma (Market St) YMCA

Tuesdays/Fridays: Puyallup-Mel Korum YMCA

Wednesdays: Lakewood YMCA

ALSO AVAILABLE AS NEEDED:

Lunch

Clean Clothing

Personal Hygiene Items

Laundry Card/Referral (locations vary in process)

Bus ticket (when applicable)

Contact Valeo at 253.318.3893 with any questions

