

# Tacoma Pierce County Coalition to End Homelessness

## Hot Sheet

*Pierce County Resources for managing excessive heat while unsheltered*

The information on this sheet was verified on 7/7/2024, but resources change quickly. Check before traveling whenever possible. If a service is no longer active or you have updates to offer, please contact the Coalition at [info@pchomeless.org](mailto:info@pchomeless.org). For access to emergency shelter, call the Shelter Hub (253) 444-4563. If you are in crisis, please call 988 or to report a crime contact 911.

**Transportation:** Pierce Transit MAY offer free bus transportation to cooling centers when temperatures exceed 85°  
Check with your bus driver.

## Locations to cool down: (holiday hours may vary)

- **Day Centers** can be used as cooling sites during hot weather. Use the QR code to learn more about day centers and additional inclement weather resources on the coalition website ([www.pchomeless.org](http://www.pchomeless.org))
- **Tacoma Public Libraries** are open Tuesdays through Saturdays.
- **Pierce County Public Libraries** are open Mondays through Saturdays, with most large branches also open on Sundays.
- **Publicly available options to stay cool include** visiting a mall or large retail store during business hours. [pchomeless.org](http://pchomeless.org)
- **Wooded parks and places close to bodies of water** are also good options to cool off during the heat.
- **Additional overnight shelter beds** (when temperatures are above 85°) Use QR code to find contact information.
  - 80 additional beds at Nativity House
  - 20 added beds at the Beacon Youth Center



## TACOMA

- **St. Vincent de Paul resource center (4009 S. 56th St., Tacoma)** is open with full services Mon/Wed/Fri/Sat/Sun 10-3. Due to inclement weather, the center will be open extended hours of 10-4 from **July 8– 11, 2024**.
- **Multicultural Child and Family Hope Center (1321 MLK, Tacoma)** is open M-F from 10 a.m. - 5 p.m. until July 31, 2024
- **Nativity House Day Center (702 S. 14th St.)** is open from 7 a.m. - 5 p.m. 7 days a week
- **CCS Family Day Center (5050 South Tacoma Way)** is for families only and is open Mon/Tues/Thurs/Fri. (9 a.m. - 4 p.m.); Wednesday (Noon to 6 p.m.); Saturday & Sunday (9 a.m. - 4 p.m.) "Family" is defined as a parent or parents with minor children in their custody, or a pregnant woman.
- **Tacoma Rescue Mission (425 South Tacoma Way)** Cooling tent open 7a.m. - 6 p.m. 7 days a week

## GIG HARBOR AND KEY PENINSULA

- **Chapel Hill Presbyterian Church (7700 Skansie Ave., Gig Harbor)** is open M-F, 12:30 p.m. - 8:30 p.m. Enter Door D.
- **Waypoint Church (12719 134th Ave. NW, Gig Harbor)** is open M-F, 9 a.m. - 3 p.m.
- **Key Peninsula Civic Center (17010 S. Vaughn R. NW, Vaughn)** is open daily, 8 a.m. - 9 p.m.

## PUYALLUP, PARKLAND, AND GRAHAM

- **Department of Emergency Management Cooling Centers**
  - **Brookdale Elementary School (611 132nd St. S., Parkland)** Sunday-Tuesday Noon - 8pm,
  - **Frontier Park Lodge (21718 Meridian Ave. E., Graham)** Sunday Noon - 8pm
- **New Hope Resource Center (414 Spring St, Puyallup)** Monday and Tuesday (July 8th & 9th, 2024) 8 a.m. - 5 p.m.

# Heat Exhaustion

# Heat Stroke

## ACT FAST

- Move to a cooler area
- Loosen clothing
- Sip cool water
- Seek medical help if symptoms don't improve

*Dizziness*

*Thirst*

*Heavy Sweating*

*Nausea*

*Weakness*



*Confusion*

*Dizziness*

*Becomes Unconscious*

## ACT FAST

# CALL 911

- Move person to a cooler area
- Loosen clothing and remove extra layers
- Cool with water or ice

*Heat exhaustion can lead to heat stroke.*

*Heat stroke can cause death or permanent disability if emergency treatment is not given.*



Stay Cool, Stay Hydrated, Stay Informed!

